






**Worth Heights Best Years Club-3551 New York Ave.  
Tue-Fri 8:30-1:30 Lunch at 12:00 817-392.2259**



Lunch by reservation only– Must call by 11:00am Friday for the following week’s lunch reservations  
Meals provided by Sixty and Better

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>MARCH</b>			<b>2019</b>		1 9 Breakfast Club 10 Loteria! 11 Tai Chi 	2
3	4 	5 <b>** Mardi Gras **</b> 10 A Matter of Balance 	6 9 Breakfast Club 10:30 <b>Scattergories</b> 11 Games and More	7 9 Breakfast Club 10 Praise & Worship 10:30 Bible Study 	8 9 Breakfast Club 10:00 Loteria! 11:00 Gym Game	9
10 	11 	12 10 Madea <b>Family Funeral</b> <b>Movie Field Trip</b> 	13 9 Breakfast Club 10 <b>America Says Game</b> 11 Senior Share 	14 9 Breakfast Club 10 Praise & Worship 10:30 Bible Study	15 9 Breakfast Club 10 Loteria! 11 Tai Chi 	16
17	18 	19 <b>Staff &amp; Partners Meeting</b> 9 Breakfast Club 10 A Matter of Balance 	20 <b>Advisory Meeting</b> 9 Breakfast Club 10 Walking Warriors 11 Games and More	21 9 Breakfast Club 10 Praise & Worship 10:30 Bible Study 	22 9 Breakfast Club 10 Loteria! 11 Birthday Celebration 	23
24	25 	26 9 Breakfast Club 10 AMOB 	27 9 Breakfast Club 10 <b>“Movie Day”</b>	28 9 Breakfast Club 10 Praise & Worship 10:30 Bible Study	29 9 Breakfast Club 10 Loteria! 11 Tai Chi	30