



**Worth Heights Best Years Club-3551 New York Ave.  
Tue-Fri 8:30-1:30 Lunch at 12:00 817-392.2259**



Lunch by reservation only– Must call by 11:00 AM Friday for the following week’s lunch reservations  
Meals provided by Sixty & Better

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 9 Breakfast Club 10 Loteria! 11 Tai Chi	2
3		5 9 Breakfast Club 10 Bingo 11 Games and More	6 9 Breakfast Club 10 Dominoes 11 Games and More	7 10 Praise & Worship 10:30 Bible Study 	8 9 Breakfast Club 10 Loteria! 11 Black History Short Film	9	
10		12 9 Breakfast Club 10 Bingo 11 Valentine’s Day Cookie Decorating	13 9 Breakfast Club 10 Family Feud 11 Senior Share	14 10 Praise & Worship 10:30 Bible Study 	15 9 Breakfast Club 10 Loteria! 11 Tai Chi	16	
17		<b>19 Staff &amp; Partners Meeting</b> 9 Breakfast Club 10 Bingo 11 Games and More	<b>20 Advisory Meeting</b> 9 Breakfast Club 10 Healthy Living Presentation and Game	21 10 Praise & Worship 10:30 Bible Study 	22 10 Loteria! <b>Birthday Celebration</b> 	23	
24		26 9 Breakfast Club 10 A Matter of Balance (AMOB) 	27 9 Coffee and Donuts 10 * Movie Field Trip* 	28 10 Praise & Worship 10:30 Bible Study 		<b>AMERICAN HEART MONTH</b> 	