

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Never say anything which doesn't improve the silence	Watch the Senior Spotlight In the Azle News For Center Activities	To thrive in life you need three bones A wishbone A backbone And a funny bone	<b>NO ONE EVER INJURED THEIR EYESIGHT BY LOOKING ON THE BRIGHT SIDE</b>	<b>01</b> BRIDGE 8:30 <b>Food Bank</b> Nutrition w/Phyllis
<b>04</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12	<b>05</b> Election Day <b>BIBLE STUDY 10:30</b> <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 <b>Matter of Balance #5</b>	<b>06</b> Cards/Games 10:00  <u>Emanuel Building</u> Chair Yoga 10:30 <b>Food Bank Bingo</b> PET FOOD	<b>07</b> Blood Pressure Computer Class 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 <b>Chicken Foot 10:30/12:30</b> <b>Matter of Balance #6</b>	<b>08</b> BRIDGE 8:30  <b>Birthday &amp; Anniversaries</b>
<b>11</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings Plays at Azle Manor	<b>12</b> <b>BIBLE STUDY 10:30</b> <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 <b>Matter of Balance #7</b>	<b>13</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30  <b>Center Council Meeting</b>	<b>14</b> Blood Pressure Computer Class 10:30 Exercise 9:30/ Yoga 10:30 <b>Matter of Balance #8</b> <b>Chicken Foot 10:30/12:30</b> <b>Valentine Day Celebration</b>	<b>15</b> <b>Center Business Meeting</b> BRIDGE 8:30 Produce Day
<b>18</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12	<b>19</b> <b>BIBLE STUDY 10:30</b> <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 <b>White Elephant BINGO</b> <b>Staff Meeting</b>	<b>20</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 <b>Pet Food</b> <b>Advisory Council Meeting</b>	<b>21</b> Blood Pressure Computer Class 10:30 Emanuel Building Exercise 9:30/ Yoga 10:30 <b>Chicken Foot 10:30/12:30</b>	<b>22</b> BRIDGE 8:30 Cards/Games
<b>25</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12	<b>26</b> <b>BIBLE STUDY 10:30</b> <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30	<b>27</b> Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:	<b>28</b> Blood Pressure Computer Class 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 <b>Chicken Foot 10:30/12:30</b>	Look for lots of wind Blowing in March