

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| Games are played Monday - Friday Bring a friend Have a game | 1 Closed | 2 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 Pet Food | 3 Computer Class 10:30 Chicken Foot 10:30&12:30 <i>Emanuel Building</i> Exercise 9:30/Yoga 10:30 | 4 BRIDGE 8:30 Food Bank Installation of officers for 2019 |
| 7 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 Plays at Azle Manor | 8 BIBLE STUDY 10:30 Exercise 9:30/Yoga 10:30 Food Bk BINGO 12:30 | 9 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 Center Council Meeting | 10 Computer Class 10:30 Chicken Foot 10:30&12:30 <i>Emanuel Building</i> Exercise 9:30/Yoga 10:30 | 11 BRIDGE 8:30 Birthday and Anniversaries 10:30 Music by: John Webster |
| 14 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 Silver Strings Silver Strings 10-12 | 15 BIBLE STUDY 10:30 <i>Emanuel Building</i> Exercise 9:30/Yoga 10:30 Staff Meeting | 16 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 Pet Food Advisory Council Meeting | 17 Computer Class 10:30 Chicken Foot 10:30&12:30 <i>Emanuel Building</i> Exercise 9:30/ Yoga 10:30 | 18 Center Business Meeting BRIDGE 8:30 Produce Day Nutrition w/Phyllis |
| 21 Closed for Martin Luther King Jr Day | 22 BIBLE STUDY 10:30 <i>Emanuel Building</i> Exercise 9:30/Yoga 10:30 A Matter of Balance | 23 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 | 24 Computer Class 10:30 Chicken Foot 10:30/12:30 <i>Emanuel Building</i> Exercise 9:30/ Yoga 10:30 A Matter of Balance | 25 Bridge 8:30 AM Dominos & other games |
| 28 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 Silver Strings 10-12 | 29 BIBLE STUDY 10:30 <i>Emanuel Building</i> Exercise 9:30/Yoga 10:30 A Matter of Balance | 30 Cards/Games 10:00 <i>Emanuel Building</i> Chair Yoga 10:30 | 31 Computer Class 10:30 Chicken Foot 10:30/12:30 <i>Emanuel Building</i> Exercise 9:30/ Yoga 10:30 A Matter of Balance | Get your Blood Pressure Taken every Thursday morning |