



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12	4 BIBLE STUDY 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30	5 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Pet Food	6 Computer Class 10:30 Chicken Foot 10:30 & 12:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30	7 BRIDGE 8:30 Food Bank Nutrition w/Phyllis Pearl Harbor Day
10 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Plays at Azle Manor	11 BIBLE STUDY 10:30 Exercise 9:30/Yoga 10:30 Food Bk BINGO 12:30 Lunch provided by Legacy Oaks	12 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Center Council Meeting	13 Computer Class 10:30 Chicken Foot 10:30 & 12:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30 Center Christmas Party	14 BRIDGE 8:30 Birthdays and Anniversaries
17 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings Silver Strings 10-12	18 1945 – VJ Day BIBLE STUDY 10:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30	19 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Pet Food	20 Computer Class 10:30 Chicken Foot 10:30 & 12:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30	21 Center Business Meeting BRIDGE 8:30 Produce Day First day of winter
24  Closed	25  Closed	26 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30	27 Computer Class 10:30 Chicken Foot 10:30 & 12:30 <u>Emanuel Building</u> Exercise 9:30/Yoga 10:30	28 Bridge 8:30 AM Dominos & other games
31 Cards/Games 10:00 <u>Emanuel Building</u> Chair Yoga 10:30 Silver Strings 10-12 New Year Eve	Check us on the Azle City Website or on Facebook	Games are played Monday - Friday Bring a friend Have a game	Goodbye 2018 May 2019 be a Good year full of Health and Happiness	Get your Blood Pressure taken every Thursday morning