



COMO ACTIVITY CENTER-4900 Horne Street 8:30-1:30
Lunch at 11:30-817-731-5354 - Kayren Davis, Center Director

Lunch and Transit by reservation only—Must call by 11:00 the day before for reservation

Meals provided by Sixty and Better, Where Healthy Aging Begins, 1400 Circle Dr. #300, Fort Worth, Texas



Sun Mon Tue Wed Thu Fri Sat



DECEMBER



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2	3	4 Breakfast	5	6 Breakfast	7	8
	8:30 Walking Club 9:00 Coffee/Conversation 10:00 Presentation - John Washo Life Insurance Agent	 Senior Holiday Party Resource Connection 2300 Circle Drive - Gym 10 - 1pm	8:30 Coffee/Conversation Puzzles & Dominoes 10:00 Cookie Decorating Party w/JTaylor 	8:30 Coffee/Conversation and Dominos 10:00 Bible Study 	8:30 Coffee/Conversation and Dominos 10:00 Presentation - United Healthcare Hip Hop Chair Exercise	
9	10	11 Breakfast	12	13 Breakfast	14	15
	8:30 Walking Club 9:00 Coffee/Conversation 9:30 Walmart Trip 10:00 Table Games/Puzzles	8:30 Coffee/Conversation and Dominos 10:00 - Movie Day - This Christmas	8:30 Coffee/Conversation Puzzles & Dominoes 10:00 Pictionary w/ Robert Baptist	 Seniors Christmas Brunch Ol' South Pancake House 1509 S University 10:00am	Ugly Christmas Sweaters 8:30 Coffee/Conversation 9:30 Arts & Craft w/ Gayle Hansen 11:00 Exercise	
16	17	18 Breakfast	19	20 Breakfast	21	22
	8:30 Walking Club 9:00 Coffee/Conversation 10:00 - Special Guest - First Command Financial Services	Staff & Partners Meeting 8:30 Coffee/Conversation 10:00 Arts & Craft Activity 11:00 Tai Chi	Advisory Meeting 8:30 Coffee/Conversation 10:00 - Movie Day - The Preacher's Wife	8:30 Coffee/Conversation and Dominos 10:00 Bible Study 	Community Food Share Day  8:30 Coffee/Conversation 10:00 White Elephant BINGO  11:00 Exercise	
23	24	25	26	27 Breakfast	28	29
30	***CLOSED*** 31 New Years Eve Party 	***CLOSED*** 	8:30 Coffee/Conversation Puzzles & Dominoes 10:00 	 8:30 Coffee/Conversation 10:00 Bible Study Birthday Celebration w/JTaylor	8:30 Coffee/Conversation and Dominos 10:00 Holiday Pictionary 11:00 Exercise	