



COMO ACTIVITY CENTER-4900 Horne Street 8:30-1:30

Lunch at 11:30-817-731-5354 - Kayren Davis, Center Director

Lunch and Transit by reservation only—Must call by 11:00 the day before for reservation

Meals provided by Sixty and Better, Where Healthy Aging Begins, 1400 Circle Dr. #300, Fort Worth, Texas



Sun Mon Tue Wed Thu Fri Sat

November



		1 Breakfast 8:30 Coffee/Conversation and Dominos 10:00 Bible Study		2 8:30 Coffee/Conversation Puzzles & Dominos 10:00	3		
		4	5 8:30 Walking Club 9:00 Coffee/Conversation 9:30 Walmart Trip 10:00 Table Games/	6 Breakfast 8:30 Coffee/Conversation 10:00 Scattergories 11:00 Tai Chi	7 8:30 Coffee/Conversation Puzzles & Dominoes 10:00	8 Breakfast 8:30 Coffee/Conversation and Dominos 10:00 Bible Study	9 8:30 Coffee/Conversation 9:30 Arts and Craft w/ Gayle Hansen 11:00 Exercise
	11	12 8:30 Coffee/Conversation Puzzles & Dominoes 10:00	13 Breakfast 8:30 Walking Club 9:00 Coffee/Conversation	14 8:30 Coffee/Conversation Puzzles & Dominoes 10:00 Pictionary w/ Robert Baptist	15 Breakfast 8:30 Coffee/Conversation and Dominos 10:00 Bible Study	16 Community Food Share Day Thanksgiving Luncheon	17
18	19 8:30 Coffee/Conversation Puzzles & Dominos 10:00 Table Gables/	20 Breakfast Staff & Partners Meeting 8:30 Coffee/Conversation and Dominos 10:00	21 Advisory Meeting 8:30 Coffee/Conversation and Dominos 10:00 Dr. Talk w/ USMD	22 *** CLOSED *** 	23 *** CLOSED ***	24	
25	26 8:30 Walking Club 9:00 Coffee/Conversation and Dominos 10:00	27 Breakfast 8:30 Coffee/Conversation and Dominos 10:00 Family Feud Game	28 8:30 Coffee/Conversation Nobody's Fool @ Ridgmar Rave	29 Breakfast 8:30 Coffee/Conversation 10:00 Bible Study Birthday Celebration	30 8:30 Coffee/Conversation and Dominos 10:00 Fall Trivia Quiz		