



July 2018

DIAMOND HILL ACTIVITY & WELL CENTER
1701 NE 36TH STREET -- Mon-Fri 8am-1pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 LOTERIA 	3 Potluck 	4 Center Closed 	5 Bean Bag Baseball 	6 Chair Volley Ball 	7 
8 Field Trip 	9 LOTERIA 	10 Bean Bag Baseball Cindy Carmona 	11 BINGO  Video Exercise	12 Food Bank Wesley Community Center 	13 Movie Day 	14
15 	16 Gift Exchange 	17 Field Trip Northside Community Center  JAZZ CONCERT	18 BINGO Sponsored by Jay Lamb Tai Chi	19 Craft Event Christmas in July  It's Christmas in July! Create a paper project with a...	20 Chair Volley Ball 	21 
22	23 LOTERIA 	24 Bean Bag Baseball 	25 BINGO  Video Exercise	26 Field Trip Cowtown Bowling 	27 Moai Event  BLUE ZONES	28
29 	30 Financial Literacy Bingo  Sponsoring Breakfast & Bingo	31 Birthday Celebrations 		Hermisha Washington 817-902-2723	Senior Center 817-392-2269	

Lunch at 11:30 by reservation only—Must call by 11 the day before for reservation.

Meals Provided by Sixty & Better, Where Healthy Aging Begins.
1400 Circle Drive. #300, Fort Worth, Texas.