

July 2018



Linwood Square 3201 Sondra Drive
Fort Worth, TX - 76107 817/332.7276

Breakfast 8:00 - 9:00

**Lunch at 11:30 reservation only
by 11am the day before**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 4:00 Friend & Neighbors	2 10:00 BINGO Sponsor Amerigroup 2:00 Coloring	3 7:30 Walking 9:30 Texercise 10:00 S&B Center Council Meeting/ Raffle	4 HAPPY 4th of July! Meal Service Closed 1:00 Hamburgers	5 10:00 Birthday Cake & Trivia 1:00 Wal-Mart Trip	6 10:00 BINGO 2:00 Coloring	7 1:00 BINGO 4:30 Games 
8	9 10:00 BINGO  2:00 Coloring 2:30-3:30 AgriLife Cooking 	10 7:30 Walking 9:30 Texercise 10:00 Crafts 11:00 Cracker Barrel 2:00 JPS- Dental 	11 9:30 Bible Study 10:30 Community Store 2:00 Coloring 7:00 St. Thomas Bingo	12 11:15 Early Lunch 1-2:00 Senior Share Food Bank 2-3:00 Non Cake Walk	13 9-10:00 Alzheimers Association Presentation  10:00 BINGO 2:00 Coloring	14 4:30 Games 
15	16 10:00 Music by J2 Band 2:00 Coloring 2:30-3:30 AgriLife Cooking 	17 7:30 Walking 9:30 Texercise 10:30 Angels: Presentation and blood pressure check 4:00 TED Talk Media 	18 9:30 Bible Study 10:30 Community Store 2:00 Coloring 6:30 Barber Family Bowling	19 10:00 AARP Volunteer 2:00 QRP Suicide prevention training Presentation 	20 10:00 BINGO 12:00 Food Bank 2:00 Coloring 2:00 JPS- General 	21 1:00 BINGO 4:30 Games 
22	23 10:00 BINGO  2:00 Coloring 2:30-3:30 AgriLife Cooking 	24 7:30 Walking 9:30 Texercise 10 Finish the Melodies 4:00 TED Talk Media 	25 9:30 Bible Study 10:00 Community Store 11-3:00 BBQ Lunch sponsored by Related 2:00 Coloring	26 10:00 Laughing Circle 6:00 Netflix Movie Night	27 10:00 BINGO 2:00 JPS-Nutrition  2:00 Coloring	28 4:30 Games 
29	30 10:00 BINGO  2:00 Coloring	31 7:30 Walking 9:30 Texercise 10:00 Coloring 4:00 TED Talk Media 	11:10 Every Wednesday -Thursday & Friday Thought for the Day and Stretching Exercises		Patricia Chambers Director, Meal Program Toni Wyatt. LMSW	