

## June 2018

## DIAMOND HILL ACTIVITY & WELL CENTER 1701 NE 36<sup>TH</sup> STREET -- Mon-Fri 8am-1pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Senior Center Number 817-392-2269	Hermisha Washington 817-902-2723				1 Chair Volley Bal	2
3	4 LOTERIA	5 Field Trip	6 BINGO	7	8 Movie Day Hundred Foot Journey	9
	Sponsored by UnitedHealthcare	KIOWA	Golden Gate Pre-Need Services	HealthForMe Self-Management Classes	SENIOR	
10	11 LOTERIA	12 Bean Bag Baseball	13 Phillips Lifeline PHILIPS	14 Food Bank	15	16
Sunner	Sponsored By Empower Brokerage	Painting with Colors	Lifeline	Wesley Center  HealthForMe Self-Management Classes	Father's Day Barbecue	
17	18 LOTERIA	19 Juneteenth	20 BINGO	21	22 Field Trip	23
Happy Father's Day!	Senior Assist Phone Services	Juneteenth Celebration Field Trip	Sponsored by Jay Lamb	HealthForMe Self-Management Classes	Movie Tavern	
24	25 LOTERIA	26 Bean Bag Baseball	27 <b>BINGO</b>	28	29 Field Trip	30
	Sponsored By VITAS Healthcare	Video Excercise <u>Center Council</u>	Sponsored by Amerigroup TaiChi – (Weight Room)	HealthForMe Self-Management Classes Paticipants Meeting	Cowtown Bowling	

Lunch at 11:30 by reservation only—Must call by 11 the day before for reservation.

Meals Provided by Sixty & Better, Where Healthy Aging Begins.

1400 Circle Drive. #300, Fort Worth, Texas.