



BEST YEARS CLUB CALENDAR

VICKIE BUTLER, ANGELA TOBIAS, SHANETTA WILLIAMS

HOURS OF OPERATION 8AM-1PM LUNCH SERVED AT 11:30AM ALL RESERVATIONS FOR LUNCH & TRANSIT ARE WELCOME THE DAY BEFORE 11:00AM!!!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			Eugene McCray & Handley Meadowbrook at MLK 5565 Truman Drive, Fort Worth, TX 76112 (817) 392-5966		1 8:00 am Table Games/ Walking Club/ Functional Fitness	2
3	4 8:00 am Table Games 9:30 am Handley Advisory 11:00 am Functional Fitness/Walking Club	5 8:00 Table Games 9:30 Eugene Advisory 10:00 am Bible Study 10:30 Eugene Advisory	6 8:00 am Table Games 10:00 Bingo 10:30 am Line Dancing	7 Field Trip Cowtown Cattle 	8 8:00 am Table Games/ Walking Club/Functional Fitness 10:00 am Participants Mtg.	9
10	11 8:00 Table Games 11:00 am Tai Chi Functional Fitness/ Walking Club	12 8:00 Table Games 9:00 am Nutrition Class 10:00 am Fitness (Amos) 10 am Bible Study	13 8:00 Table Games 10:00 Bingo (Olga W/United Health) 10:30 Line Dancing	14 8:00 am Table Games 9:00 am Bible Study Fitness (Amos)	15 8:00 Table Games/ Walking Club/ Functional Fitness	16
17 	18 8:00 am Table Games 9:00 am Muffins & Movies Functional Fitness/ Walking Club	19 8:00 Table Games 9:00 am Nutrition Class 10:00 am Fitness (Amos) 10:00 am Bible Study	20 8:00 Table Games 10:00 Bingo 10:30 Line Dancing	21 8:00 am Table Games 9:00 am Bible Study Fitness (Amos) 1:00 pm Senior Share	22 8:00 am Table Games Walking Club/ Functional Fitness	23
24	25 8:00 Table Games Functional Fitness/ Walking Club	26 8:00 am Table Games 9:00 am Nutrition Class 10:00 am Fitness (Amos) 10 am Bible Study	27 8:00 am Table Games 10:00 Bingo (Olga w/United Health) 10:30 Line Dancing	28 8:00 am Table Games 9:00 am Bible Study Fitness (Amos)	29 Field Trip Zoo	30