



DIAMOND HILL ACTIVITY & WELL CENTER
 1701 NE 36TH STREET -- Mon-Fri 8am-1pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 	2 LOTERIA	3 Bean Bag Baseball Video Exercise	4 BINGO Sponsored by Well Med Arts & Craft	5 Bean Bag Baseball Video Exercise	6 LOTERIA Sponsored by Prestige Dental Chair Volleyball	7
8	9 Casino Trip 	10 Cindy Carmona @10AM 	11 BINGO Food Bingo Angel Care Home Health TaiChi – (Weight Room)	12 Bean Bag Baseball Video Exercise	13 Movie Day  SENIOR SHARE	14
15 Volunteer Appreciation Week	16 LOTERIA Volunteer Appreciation Lunch	17 Resource Event Grandparents & Grandchildren 10am-1pm	18 BINGO Toiletry Bingo	19 Ice Cream Social 	20 LOTERIA Fishing Trip Greenbriar	21
22 	23 LOTERIA Angel Care Home Health	24 Flu Shots @10AM Center Council Bean Bag Baseball	25 BINGO Sponsored by Jay Lamb Participants Meeting TaiChi – (Weight Room)	26 Cowtown Bowling 	27 Birthday Celebration Performance by Cecilita Davilta 	28
29	30 LOTERIA Sponsored by Medico Express Chair Volleyball			Important Numbers Center: 817-395-5482 Hermisha: 817-902-2723 Maria: 850-368-8494 Judy: 817-258-1813	Notes Misha out April 17 th -20 th	

Lunch at 11:30 by reservation only—Must call by 11 the day before for reservation.

Meals Provided by Sixty & Better, Where Healthy Aging Begins.

1400 Circle Drive. #300, Fort Worth, Texas.