
















FOREST HILL ACTIVITY CENTER-7004 Forest Hill Dr.-Mon-Fri 8:00-1:00

Lunch at 11:30-817-293-8319-Melvina Lenton, Center Director

Lunch by reservation only– Must call by 11:00 the day before for reservation

Program provided by Sixty & Better, Where Healthy Aging Begins- 1400 Circle Dr. #300, Fort Worth, TX

Sun	Mon	Tue	Wed	Thu	Fri	Sat
February 2018				1 Grocery Day at Noon 	2 Food Bank  10:00 Bible Study	3
4	5 10:30 Bingo Mitchell Senior Solutions	6 10:30 Raffle Tuesday 	7 10:30 Bingo Care N Care	8 Library at Forest Hill Grocery Day at Noon 	9 10:00 Bible Study 11:00 Tai Chi 	10
11	12 10:30 City Council S. Boardingham	13 10:30 Raffle Tuesday	14 10:30 Bingo Valentine's Day Party 	15 Grocery Day at Noon	16 10:00 Bible Study 	17
18	19 10:30 City Council S. Boardingham	20 10:30 Raffle Tuesday	21 10:30 Bingo AmeriLife	22 10:00 Cooking Demo  Grocery Day at Noon	23 10:00 Bible Study 11:00 Tai Chi 	24
25	26 10:30 Bingo 	27 10:30 Raffle Tuesday 	28 10:30 Bingo 	BLACK HISTORY month 