



**Worth Heights Activity & Wellness Center-3551 New York Ave.
Tue-Fri 8:30-1:30 Lunch at 12:00 817-921-0441**



Lunch by reservation only– Must call by 11:00am Friday for the following week’s lunch reservations
Meals provided by Sixty & Better

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Stuffed Animal Drive 9 Dominoes/Cards 10 Computer 101: Searching the Internet 11 Sugar Rush	2 9 Walking Club 10 Bible Study 11 Brain Fitness Games	3 9 Dominoes/Cards 10 Loteria 11 Name that Logo / Text Lingo Games!	4
5	6 	7 9 Walking Club 10 Bingo/ Well Med 11 <i>Tai Chi</i>	8 10 Computer 101: Set up your own email 11 Art: Thanksgiving Placemats	9 Last day to donate! 9 Walking Club 10 Bible Study 11 LOTERIA!	10 9 Dominoes/ Cards 10– 11:30 AM Fall Prevention Fair	11
12	13 	14 9 Walking Club 10 Bingo 11 Cowtown Bowling Alley Lunch & Bowl \$11	15 10 Computer 101: How to use your telephone 11 Art: Fall Door Wreaths	16 9 Walking Club 10 Bible Study 11 Trip to Montgomery St. Antique Mall	17 9 Mind Games 10 Loteria 11 Thanksgiving Pot-luck//Birthday Party	18
19	20 	21 9 Walking Club 10 Turkey Bingo (Turkey/Ham Prizes!) 11 <i>Tai Chi</i>	22 9 Dominoes 10 Computer 101: Face-book/ Social Media 11 Art: Floral Mason Jars		24 	25
26	27 	28 9 Walking Club 10 Bingo 11 Archery with Kiel	29 9 Dominoes 10 Brain Fitness 11 Casino Carnival	30 9 Walking Club 10 Bible Study 11 Movies at North East Mall TBD		