



COMO ACTIVITY CENTER-4900 Horne Street 8:30-1:30
Lunch at 11:30-817-871-5031-Kayren Davis, Center Director

Lunch and Transit by reservation only—Must call by 11:00 the day before for reservation

Meals provided by Sixty and Better, Where Healthy Aging Begins, 1400 Circle Dr. #300, Fort Worth, Texas



Sun Mon Tue Wed Thu Fri Sat

Sun		Mon	Tue	Wed	Thu	Fri	Sat
				1 8:30 Breakfast 9:00 Coffee/Conversation and Dominos 10:00 BINGO	2 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Bible Study	3 8:30 Breakfast 9:00 Coffee/Conversation and Dominos 11:00 Exercise	4
		5	6 8:30 Breakfast 9:30 Walmart Trip 10:00 Conversation and Dominos	7 Feast of Sharing at Will Rogers 2-7pm 8:30 Breakfast 9:00 Coffee/Conversation and Dominos	8 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Sixty & Better Presentation w/ Wayne Robinson	9 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Bible Study	10 8:30 Breakfast 9:00 Craft w/ Gayle Hanson 11:00 Exercise
12	13 8:30 Breakfast 9:00 Coffee/Conversation and Dominos 10:00 Pictionary	14 8:30 Breakfast 9:00 Coffee/Conversation 10:00 UNTHSC	15 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Table Games	16 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Bible Study	17 Community Food Share Thanksgiving Lunch	18	
19	20 8:30 Breakfast 9:00 Coffee/Conversation and Dominos 10:00 BINGO	21 8:30 Breakfast 9:00 Coffee/Conversation and Dominos 10:00 Senior Assist	22 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Thanksgiving Activity	23 CLOSED THANKSGIVING HOLIDAY	24	25	
26	27 8:30 Breakfast 9:00 Walking Club 10:00 Coffee/Conversation and Dominos	28 8:30 Breakfast 9:00 Coffee/Conversation and Dominos 10:00 BINGO	29 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Table Games	30 8:30 Breakfast 9:00 Coffee/Conversation 10:00 Birthday Celebration w/JT Taylor			