








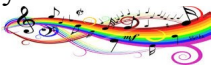


# November 2017

Sixty and Better at Casa Activity Center - 3201 Sondra Drive. Fort Worth, TX - 76107

Monday- Friday 8:00 - 1:00 817/332.7276 x 2509 - Patricia Chambers, Center Director

Breakfast 8:00 - 9:00 - Lunch at 11:30 by reservation only - Must call by 11:00 the day before for reservation

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>11:10 Short Exercise Program 11:20 Thought for the Day</p>			<p>1 9:30 Bible Study 10:30 Community Store</p> 	<p>2 10:00 Music CD's 10:45 Birthday Cake</p> 	<p>3 Food Bank  11:10 Nutritional Education Food Bags after</p>	4
5	<p>6 10:00 Bingo</p> 	<p>7 CD Music 2:00 - 7:00 <i>Feast of Sharing Meal @ Will Rogers</i></p>	<p>8 9:30 Bible Study 10:30 Community Store 10:30 Annual Survey</p>	<p>9 10:00 Music 11:15 Early Lunch <b>1:00 - 2:00 Senior Share Food Bank</b></p>	<p>10 10:00 AARP 10:00 - 1:00 Fall Prevention Fair Resource Connection</p>	11
12	<p>13 10:00 Bingo</p>	<p>14 10:00 Crafts Making Christmas Centerpieces</p>	<p>15 9:30 Bible Study 10:30 Community Store</p>	<p>16 10:00 Games Day</p> 	<p>17 10:00 Bingo Sixty &amp; Better Thanksgiving Lunch</p> 	18
19	<p>20 10:00 Music by the J2 Band</p> 	<p>21 10:00 Thanks - giving Bingo Refreshments-Cigna <i>Staff Meeting</i></p>	<p>22 9:30 Bible Study 10:30 Community Store <i>Advisory Council</i></p>	<p>23 <b>Thanksgiving Center Closed</b></p>	<p>24 <b>Thanksgiving Holiday Closed</b></p>	25
26	<p>27 10:00 Bingo</p>	<p>28 10 00 Crafts Coloring Christmas Cards</p>	<p>29 9:30 Bible Study 10:30 Participant Meeting</p>	<p>30 10:00 Bingo</p>	