



**DIAMOND HILL SENIOR CENTER**  
 1701 N.E. 36th St-Mon-Fri 8 am—1 pm Lunch 11:30 am 817-625-4721  
 Angelica Ramirez, Activity & Wellness Center Director

**Lunch by Reservation Only-Must call by 11:00 AM the day before for reservation**  
*Program provided by Sixty & Better, Where Healthy Aging Begins- 1400 Circle Dr. #300, Fort Worth, 76119*

| Sun | Mon   | Tue  | Wed   | Thu  | Fri   | Sat    |
|-----|---|--|---|--|---|--------|
|     |   |  | 1<br>BINGO—9:30<br>TAI CHI—10:45<br>                                | 2<br>BEAN-BAG BB—9:30<br>EXERCISE—9:30                       | 3<br>*LOTERIA—9:30<br>*FOODBANK<br>                                   | 4<br>  |
| 5   | 6<br>LOTERIA 9:30<br>   | 7<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30                                    | 8<br>BINGO-9:30<br>ZUMBA  | 9<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30<br>                  | 10<br>*LOTERIA—9:30<br>   | 11     |
| 12  | 13<br>LOTERIA 9:30<br>  | 14<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30<br>                               | 15<br>BINGO-9:30<br>*TAI CHI—10:45<br>*SENIOR SHARE                 | 16<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30                     | 17<br><b>S&amp;B 50TH YEAR CELEBRATION @ FOREST HILL CIVIC CENTER</b> | 18<br> |
| 19  | 20 First Day of Spring Outdoor Activities<br>                             | 21<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30<br><b><u>STAFF MTG @ 1:30</u></b> | 22<br>BINGO—9:30<br>ZUMBA<br><b><u>ADVISORY COUNCIL @ 1</u></b><br> | 23<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30                     | 24<br>MOVIE DAY!  | 25     |
| 26  | 27 CASCARONES LOTERIA—9:30<br><b>PARTICIPANT'S MTG @ 10:30 BIRTHDAYS!</b> | 28 CASCARONES BEAN-BAG BB—9:30<br>EXERCISE—10:30<br>HEALTH FOR ME-9:00     | 29<br>BINGO-9:30<br>TAI CHI   | 30<br>BEAN-BAG BB—9:30<br>EXERCISE—10:30<br><b>YARD SALE</b> | 31<br><b>YARD SALE</b><br>  |        |